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## DIARY DATES

**21 AUGUST**  
**VET COURSE COUNSELLING**

**24 & 25 AUGUST**  
**WHOLE SCHOOL PHOTOS**

**25 AUGUST**  
**SENIOR SCHOOL COURSE COUNSELLING**

**3 SEPTEMBER**  
**STUDENT FREE DAY**

**4 SEPTEMBER**  
**SCHOOL CLOSURE**

**25 SEPTEMBER**  
**LAST DAY OF TERM**  
2.12PM DISMISSAL



Government of South Australia

Department for Education

## FROM THE PRINCIPAL



### DEAR FAMILIES,

It was with a great deal of satisfaction and excitement that I recently received the news of my reappointment as Principal of Seaford Secondary College for a further 5 years. It has been an absolute pleasure to

have worked with the staff, students and wider Seaford community as the leader of this great school since my appointment five years ago. Without their collaboration, hard work and support of our school it would not have been possible to have seen and recorded the significant improvements in student achievement across all areas of our endeavour over this time.

Throughout the past few years the Seaford Secondary College community has endured and worked through some challenging times, some of which recently arrived in the form of COVID-19. We have in place effective improvement plans that will ensure we can continue to work through and as a result grow stronger as a school community. This trend and expectation has certainly been reflected in the recent and very positive parent opinion survey.

Like me, I am sure the whole community is very much looking forward to the near future with the building of our new Performing Arts Centre and refurbishment of our learning areas, enabled by the \$ 8.5 million 'School Refurbishment Funding' due to

commence at the end of this month with completion set for late 2021. With such strong government and local support assisting us to build our school into an even better place to learn and work, why would I not want to be part of it?

### TERM 2 EDUCATION DIRECTOR AND PRINCIPAL CONSULTANT VISITS

Late in term 2 our Education Director, Ms Linda Olifent and our Principal Consultant, Ms Rebecca Moore, visited our school to talk to students about our progress in goals within our School Improvement Plan. The team met with groups of students to hear about their experiences related to the success criteria of our school **Goal 3: Increase student achievement through engagement.**

Our students were able to articulate their learning with their teachers and peers and receive quality feedback, as part of the systemic, ongoing assessment process and that they experience quality-learning strategies for engagement in classes, as evidenced by student surveys, teacher surveys, proficiency scales, unit planners, lesson observation and improved student achievement in both SACE and AC.

I would like to acknowledge the hard work of all staff in their commitment to continuously reflecting and improving their practice to provide our students with quality learning programs.

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## FROM THE PRINCIPAL CONTINUED

### RETIRING

**Ms Julie Lambert** has made the decision to retire at the end of the school year after 42 years teaching and 4 years as deputy principal. Ms Lambert has been an instrumental and key leader in school improvement and will be dearly missed by staff and students alike.

Prior to being appointed as deputy principal in 2017, Julie was appointed to the then Seaford 6-12 School in 2004 – 2012 as a teacher and then later as a house and curriculum leader.

We will be having a formal farewell for Julie at the end of this year. Hopefully there will be no COVID restrictions so that we can give Julie the send-off she well deserves.

### HIGH ACHIEVERS MORNING TEA WITH THE PRINCIPAL

This term we have once again held a high achiever morning tea for students with the highest Grade Point Average (GPA) scores from term 2. This year we had to have a middle and senior school morning tea due to the large number of students receiving awards; 63 students in total.

The event served to congratulate students from years 7 to 12 for their excellent effort in achieving consistently high results across a range of subjects. It was also an opportunity for leaders to listen to the students' stories of how they show persistence and maintain self-motivation.

### COURSE COUNSELLING WEDNESDAY 26th AUGUST

Year 10 and year 11 Course Counselling 2020 for 2021 will occur in the community library from 8.00am to 7.30pm on Wednesday 26th August. Years 7 to 9 and year 12 will continue as per normal timetabled lessons.

Year 9 students will select their choices for year 10 during class time and signed off by parents. Parents can contact care group teachers and house leaders with any queries or concerns. The 2021 Curriculum Handbook is available on our school's website.

### STUDENTS FREE DAY THURSDAY 3rd SEPTEMBER

Staff will be spending the day working on literacy strategies for reading for meaning and deconstructing text with the support of Literacy Consultant Ms Nanette Smibert. This is in line with our School Improvement Plan **Goal 2: Increasing student use of academic vocabulary and achievement in writing.**

Please stay safe and stay well.

*Kind regards,  
Harry Stassinopoulos, Principal*



## STUDENT SERVICES

### FINANCE OFFICE

**Payment Window for students is open Monday to Friday from 8.15am – 8.35am and Recess time 10.35am – 10.55am.**

### 2020 SCHOOL CARD

**Applications for the 2020 School Card scheme are open. Applications for all types of School Card can be completed online.**

Parents and students can access School Card information and application forms using the following link: [sa.gov.au/education/schoolcard](https://sa.gov.au/education/schoolcard)

The School Card scheme provides financial relief for eligible low-income families in relation to education costs.

### INCOME LIMITS

The tables below list the income limits for applications lodged in 2020 – based on the family's gross income in 2018/2019.

To qualify for School Card, your family's gross income must be below a certain limit. This limit depends on how many dependent children you have.

You will need to provide proof of income – eg payslips or Centrelink information.

### ELIGIBILITY INCOME LIMITS FOR A STUDENT ATTENDING A GOVERNMENT SCHOOL

Number of Dependent Children	Gross Annual School Card Income limit	Gross Weekly School Card Income limit
1 child	\$60,264	\$1,159
2 children	\$61,340	\$1,180
3 children	\$62,416	\$1,201
4 children	\$63,492	\$1,222
5 children	\$64,568	\$1,243
More than 5 children	Add \$1,061 for each dependent child	Add \$21 for each dependent child

For more information or help to complete the form, please contact **Leanne Carter**, Finance Manager, or contact school card section by phone **freecall 1800 672 758** or Email: [education.schoolcard@sa.gov.au](mailto:education.schoolcard@sa.gov.au)

## EXTENDED ABSENCES

Student absences of more than 1 week require an exemption form to be submitted. The form is available on request from student services. It should be completed 2 weeks prior to the start date of the exemption. This includes extended exemptions due to medical & other exemptions. Delays could result in an exemption NOT being approved, thus resulting in unexplained absences recorded for students.

## VET AND CAREER PATHWAYS NEWS

The VET and Careers Team at Seaford are committed to providing our students with support and advice about pathways and transitioning from school to work. Whether it is a short course, a certificate qualification, University, work experience, Apprenticeship or Traineeship. If you would like to know more, please email or call. . .

Deb Scotton (SACE & VET Pathways Leader)

[deb.scotton@seafordhs.sa.edu.au](mailto:deb.scotton@seafordhs.sa.edu.au)

Lori Turner (Career Pathways Admin Manager)

[lori.turner@seafordhs.sa.edu.au](mailto:lori.turner@seafordhs.sa.edu.au)

at the school on 8327 5200.

### CONGRATULATIONS

Upon completion of one week of work experience at Hairhouse Warehouse at Colonnades, **Chelsey R** has been successful in getting a full-time Hairdressing Apprenticeship. The staff were impressed with Chelsey's enthusiasm, willingness to learn and interest in the industry.

Chelsey wanted to do work experience for PLP in Semester 1 but was unable to due to the COVID19 restrictions. She followed up when restrictions were lifted and is now completing Certificate III in Hairdressing through her apprenticeship; well done Chelsey!

**Beach Hotel** at Seaford contacted the school asking for résumés from students interested in 2 junior positions in which they had vacancies. These vacancies were advertised to our current year 10 students and we had a great response.

All students participated in a group interview and the feedback was really positive. Layla Y and Rachel G were the successful applicants and have commenced casual employment.

### SUBJECT COURSE COUNSELLING 2021

Over the past few weeks, students have had the opportunity to express an interest in a VET qualification for 2021 and attend an appointment prior to course counselling to discuss VET. If students did not get the opportunity to attend one of these appointments, they will be required to see the VET team during subject course counselling to discuss their options.

### CURRENT YEAR 12 POST-SCHOOL TRANSITION PATHWAY COUNSELLING

This year, our year 12 students will have the opportunity to book into a post-school counselling pathways session on the same day as subject counselling. A letter will be given to year 12 students to organise an appointment time.

### PATHWAYS IN TEAMS (USING MICROSOFT OFFICE 365)

Utilising the online platform of Office 365 (which all students in the senior school have access to) we have created a 'Pathways Team' where students can find current and relevant career resources. These include University pathways, vocational training qualifications, short courses, apprenticeship and traineeship opportunities, STEM careers, online activities and career exploration tools, employment trends etc. We are encouraging students to regularly check the site as updates and new information are posted throughout the week. As students in the senior school, it is important to be pro-active in starting to plan and make decisions related to subject choices and how these will relate to future career pathways and employment outcomes. As part of care group activities and tasks, students will become familiar with accessing this platform.

*Lori Turner, Career Pathways Admin Manager*

## DESIGN AND TECHNOLOGY: MATERIAL PRODUCTS

This hammer was one of many designs I created. But because of the time limitations, I have to go with a little bit of an easier overall design. One of my inspiration is from a game I play, called Rainbow Six Siege. The design of the sledge hammer was from one of my likings, due to the overall height, as it reminded me of Reinhard's hammer, from Overwatch. The hammer is not quite completed yet. I still need a few more things added to it, such as black and bright green spray paint, and stencils of logos for the head of the hammer. I am really happy with the way the design has come together and the skills I have learnt in metalwork.

*Dillon S, Year 11 student*



## NEW SCHOOL ZONES

The new zones for the Aldinga B-12 school which will open in 2022, have been confirmed, following community consultation.

The new zones include:

- New Aldinga birth to year 12 primary school zone
- New Aldinga birth to year 12 secondary school zone
- Aldinga Beach B-7 school zone.

The Aldinga birth to year 12 primary school zone and Aldinga Beach B-7 school zone will be a shared zone.

The existing zones of the following schools will change:

- Willunga High School
- Seaford Secondary College
- Moana Primary School.

Students already enrolled at a school will not be affected by any changes to zones. Parents wanting to find out more about the zone changes are encouraged to visit the Department for Education website: <https://www.education.sa.gov.au/newschoolszoning>

## LOST PROPERTY

Please check the Lost Property box (in Student Services) for missing items. Clothing that is clearly named has a chance of making it back to the owner. Unclaimed items will be donated to charity at the end of each term.



## SPORTS NEWS

Since the reintroduction of sports after the COVID restrictions we've sent out a number of Seaford teams. I'm proud to report that all teams have displayed outstanding sportsmanship and have been exemplary ambassadors for our school.

Teams in the following sports have represented the school; year 7 boys soccer, year 7 girls netball, open boys soccer, year 8/9 girls netball, year 8/9 boys soccer, open girls volleyball and the 8/9 girls and boys 5-a-side soccer.

Congratulations to the year 7 boys soccer who progressed to a second round playoff against Willunga Waldorf and the open boys soccer who progressed to the second round.

Upcoming sports include; open boys futsal, year 7 and 8/9, 9-a-side football and open boys basketball. Students are reminded to keep an eye out in the bulletin and their Daymap messages towards the end of term 3 for their chance to nominate for term 4 sports.

A special congratulations to **Grace** from **D07** who has been selected in the Onkaparinga South SAPSASA District Soccer Team. I would also like to acknowledge both **Eleanor** and **Jamison** who are

also playing in their A grade teams for netball and football respectively.

A massive thank you to **Mr Natar** and **Mr Snelson** for taking the volleyball and soccer teams respectively. Also to **Eleanor** and **Adrienne** for coaching the year 7 girls and the army of supportive students that take the time to help with the soccer competitions. It's a credit to our school how willing our students are to step in and help one another.

I have also had some enquiries around costs of soccer competitions. Please note that the costs for competitions fall outside of the initial fees for students to take-part in the soccer program. These one off payments cover the cost of travel expenses and entry fees to the competitions that School Sport South Australia host.

As always, if you have further questions, or hear of any outstanding sporting achievements from our students, please contact me at [brad.kirk@seafordhs.sa.edu.au](mailto:brad.kirk@seafordhs.sa.edu.au)

*Brad Kirk, HPE and Sports Coordinator*

## YEAR 8/9 NETBALL

On Wednesday 5th of August, a team of 9 Seaford students travelled to Strathalbyn to participate in a state-wide netball competition. It was a perfect, mild winter's day and we played 5 games against Eastern Fleurieu, Encounter, Seaview, Victor Harbor and Willunga Waldorf.

A massive thank you to year 12 student Eleanor M for giving up her studies for the day to help coach the team, her enthusiasm, encouragement and coaching tips were appreciated by the girls. We didn't win any games, but as a team we outscored Eastern Fleurieu in the last half of that game.

Our team showed sportsmanship and teamwork throughout the day, trying our best in every game and helping our beginner players to enjoy their games. A huge thank you to Ms Wedding for driving the school bus and scoring each game. Thank you also to Ms Halse for coaching us.

### TEAM MEMBERS:

Kadey N, Erin B, Vanessa T, Megan W, Maddison S, Makalah K, Elisha K, Emily H, Sophie H



## 2020 IMMUNISATION PROGRAM

The following immunisations will be available to students free of charge through the school immunisation program:

<b>YEAR 8</b>	<b>Gardasil (HPV) &amp; Boostrix (DTP)</b>	Thursday 15/10/2020
<b>YEAR 10</b>	<b>Meningococcal B &amp; Meningococcal ACWY</b>	Thursday 10/9/2020

These dates can also be found in the Yearly Planner pages of student diaries.

Immunisation forms were sent home with students in Week 1. All consent forms were due to be returned by 14 February, whether immunisation has been consented to or not. Non-consent forms need to have minimum of Name on the front and signature in the NO area on the back. Any late returns should be handed in directly to student services or the middle school office.

*Deb O'Connor, School Immunisation Program, Coordinator, Middle School Office*

## UNIFORM SHOP

From week 5, I will be opening the uniform shop on **Monday, Wednesday and Friday** mornings from 8.15am – 9.30am and **recess** times on Monday and Friday from 10.35am – 10.55am. Parents/carers can organise an appointment out of these hours, or fill in an online form, which your child can drop off to Student Services and items collected at the end of the school day. Payments may also be made over the phone at any time and items can be collected from Student Services.

If you need further information, please contact **Ms Stella Davis** on 8327 5200 or via email [stella.davis960@schools.sa.edu.au](mailto:stella.davis960@schools.sa.edu.au)

*Stella Davis, EA To The Principal*

# INTERNATIONAL PROGRAM

## OUTDOOR EDUCATION

Thank you to **Mr Pix** for allowing our international students join your Outdoor Education excursion and them being able to experience Kayaking on our local Onkaparinga River and learning about the local Aboriginal culture.

*"I had a lot of fun! I have been kayaking in Japan but it was my first time in Australia. The landscape was very different from Japan and I'm glad that I could see the kangaroos. Also, I'm glad I learned a little about history and culture of Aborigine. I got tired and my arms hurt after kayaking but I could feel Australian. It was a great day. Thank you for so much for giving me a good opportunity."*

**Reina - yr10 from Japan**

*"My shoulders, upper arms and thighs had muscle aches. However, it was the first canoe in a few years, so I enjoyed riding."*

**Nao - yr10 from Japan**

*"This was my first outdoor activity in Australia, so I was very excited. I was kayaking before, so I wasn't worried that I couldn't do kayaking, but I was surprised that I spent more physical energy than I had expected. The day after I kayaked, I had muscle aches in my arms and shoulders. But I enjoyed this."*

*This day I could see many wild animals such as the large pelicans and kangaroos. I am glad to see them because they are animals that are rarely seen in Japan. Also, if there is such an opportunity for outdoor activities, I would like to participate."*

**Kei - yr10 from Japan**



## PAST STUDENT

### CAROLINA CUOCO - ITALY

Carolina attended Seaford Secondary College in term 3 2018. She came to Seaford on a one-year Study Abroad Program from Italy. Carolina started mid-way through year 11 and was part of our senior class for semester one 2019. I recently wrote to our past international students to see how they were going in their home countries during the COVID19 pandemic and to see what they had been up to since leaving Australia. Carolina responded last week with an update on what life has been like since leaving Adelaide mid-last year . . .

*It's really good to hearing from you, I miss Australia so much.*

*Last September I started high school and in March COVID came, so I had to stay in quarantine with my family and I couldn't meet my friends. In Italy there were a lot of people infected and deaths, it was a really bad and sad situation but fortunately nobody in my family and friends got infected. Right now, it is getting better, we can go out and meet a few friends wearing a mask, plastic gloves and keeping one meter from each other. My school closed for three months and we did lessons online by computer and video chat. Last week we started Summer holidays so schools are closed until September. Next year it will be my last year of high school and I'm very excited about it because I can't wait to start cinema university in Bologna, a city in Italy.*

*Sometimes I still speak with my host parents from Adelaide, Jan and Janette, and we're organising to meet one day so they can meet my mother, I really miss them. I still speak with some other exchange students like **Bruna**, **Vincent** and **Florian** and mostly **Zineb**. I actually try to figure out to meet Zineb again, but I can't go outside Italy yet for COVID. In these holidays I was supposed to leave to Canada for*



*two and a half months to do a work experience and to work in a Huskies ranch, but COVID has ruined my plans and I will leave next year.*

*During my quarantine I haven't done so much: a lot of assignments, study, video chat with my friends, watched a lot of movies and tv series on Netflix in English with subtitle, in fact I hope my English is still good. I tried to find out new hobbies like baking (I burnt a cake) or sewing, but I enjoyed to take some pictures of myself; it was really funny and I improved my skills in photography which it will be a subject in my future cinema university. I hope you like them! There is also a photo of my brother, my dog and me on my birthday that I spent in quarantine with them.*

*I miss Australia so much, I hope you're good and I really appreciated your email.*

*Say Hi to everyone from me,*

**Carolina Cuoco**

## HOME STAY FAMILIES

Due to international travel restrictions this year, all planned incoming study tours have been postponed. Despite this we are still looking for local families who have a spare bedroom and are interested in hosting an international student in the future. Study tours are usually 2 weeks in duration and students are placed with a local family to live with during that time. The experience for our international students and host families is truly memorable and rewarding. Host families are compensated for their hospitality and it is a great opportunity for building life long friendships. If you are interested or would like to know more, please contact Seaford Secondary College and ask to speak to Annette or Krystle about hosting international students.

### SOUTH AUSTRALIAN HOME STAY TESTIMONIALS

[www.youtube.com/watch?v=J50s\\_im6bJs](https://www.youtube.com/watch?v=J50s_im6bJs)



## ARTS NEWS

### VISUAL ARTS

In visual art late last term and currently, students in year 8 and the C07 class have been creating very vibrant Zentangle animals and insects. These incorporated the element of art called **pattern and painting using tints** and metallic water colour paint.

Mya commented on the task saying *"I like art it makes me feel good"*, Dean said *"Art is nice and reminds me of good things because I am liking the metallic colours"*

International students have contributed to our school community by participating in a large scale mural project in year 10 visual arts with Ms Sandison's class. Here is an image of the iconic Australian bird called the kookaburra. This was painted using acrylic paints on plywood and will be mounted outside the library later in the year.

Nao said about her experience in year 10 Art *"I have never painted a picture of a bird before in Japan, I enjoyed class as it is pretty realistic"*

**Ms Sandison, Visual Art and Design Teacher**



### MUSIC

The first formal instrumental lesson has taken place for our new primary school students participating in the Music Focus School. The start was delayed due to COVID, but we are delighted to see this program for our feeder schools underway. If you have a child in years 4, 5 or 6 who is interested in learning saxophone, clarinet, flute or trumpet, and can transport them to Seaford, please get in touch with **Ms Beth Parkin** on 8327 5200.

**Beth Parkin, Head of Middle School**



## SEE ME GRIND, CFS – GIVING BACK TO THE COMMUNITY

From the 17th to the 19th of July, I went to the Kangarilla CFS station to complete my Basic Fire Fighting (BFF1) course. Completing this means that I am fully qualified to respond to various fire-fighting situations, both in the country and in the suburbs. During the course, I had to study and train within a mix of practical work and theory, from learning different chemical hazards and topography to taking out oil fires and handling road crashes. I wanted to join the CFS because I would like to commit and give my time towards the community and additionally because I know it will give me a head start for when I want to reach my dream job, which is to be a member of the Metropolitan Fire Service (MFS) in Adelaide City.

**Angelo, Year 12**



## WHOLE SCHOOL PHOTOS

**MSP Photography** will be taking our school photos this year.

Parents can send the money to the school in the self-sealed envelope, which will be supplied to Care Group teachers on **Wednesday 12 August**; however **Online Ordering**, where parents are now able to select their preferred package, makes it much easier for our parent community.

Placing your child's order online is the safest and easiest way to order school photos. Just enter the shootkey printed on your child's envelope and make your selection. If you are having a sibling photo taken, do the same with the shootkey printed on that envelope (envelopes will be available soon from Student Services).

The range of options available to you online has increased. As well as the option to download a Low

Resolution image for a smart-phone, parents will now have the option to purchase a High Resolution Digital Download of their child.

An added incentive for our families is that MSP now offers a 10% discount for all orders above \$90.00 a family. To receive this discount online your orders must be placed in one transaction. If you are paying with cash please total your order amount, then apply your discount and place the correct money in the self-seal envelope.

**Stella Davis, Photo Day Coordinator**

## PREMIER'S READING Challenge

Can you believe that the Premier's Reading Challenge is nearly over for another year?! Students participating in the challenge will need to hand their completed Reading Records into the library by Friday 4th September (week 7). Awards for all students who complete the challenge will be presented in November, and one of these students will also win a Dell laptop donated by the Seaford library. So, if you've been working towards this challenge, now's the time to make sure you are on track to finish reading all of your books - and of course, don't forget to submit your Reading Record! You can do it!

## BRITANNICA SCHOOL


Just a reminder to students that we have a subscription to the Britannica School research database, and that it is available to access from the 'Links' tab once you've signed into Daymap. This should be one of the first places you look when researching, as the information here has been written by experts and you can trust its accuracy. Whilst Google is a handy tool, you can't always trust

that the information is correct, so you should try to use sources that you know will be accurate first, before searching Google. For any assistance with using Britannica School or finding reliable resources, please see Karla in the library.

*Karla Pickett, School Services Librarian*



Call the **Seaford Library** on 8384 0044 or visit [www.onkaparingacity.com/libraries](http://www.onkaparingacity.com/libraries) for more information



### WHY SLEEP MATTERS FOR KIDS

**SLEEP RECHARGES KIDS' BODIES AND BRAINS SO THEY CAN:**

- Feel calm and refreshed.
- Make good choices.
- Have a healthy weight.
- Pay attention in school.
- Remember what they learned.
- Do better in sports.
- Avoid getting hurt.
- Feel good about themselves.

**AFTER 1 OR 2 NIGHTS OF LESS SLEEP, YOUR CHILD MAY:**

- Have more meltdowns.
- Make poor choices.
- Zone out in class.
- Forget what they learned.
- Have trouble with sports and games.
- Get into arguments.

**KIDS WHO ARE SLEEP-DEPRIVED MAY:**

- Feel sad, hopeless, or anxious.
- Become overweight.
- Make risky choices.
- Use cigarettes, alcohol, and drugs.

**HOW MUCH IS ENOUGH?**

9-12 hours for ages 6-12    8-10 hours for ages 13-18

SOURCES: American Academy of Sleep Medicine, Sleep Medicine, National Sleep Foundation, National Institutes of Health, National Sleep Foundation, American Academy of Pediatrics

## STUDENT WELLBEING

**PARENT HELPLINE** 1300 364 100

**LIFELINE** 13 11 14  
[www.lifeline.org.au](http://www.lifeline.org.au)

**HEADSPACE** [www.headspace.org.au](http://www.headspace.org.au)

**KIDS HELPLINE** 1800 551 800  
[www.kidshelpline.com.au](http://www.kidshelpline.com.au)

**BEYOND BLUE** 1300 224 636  
[www.beyondblue.org.au](http://www.beyondblue.org.au)

## FOODBANK FOOD HUBS

### ATTENDANCE SCHEDULE:

#### Day:

Thursdays (beginning 16th of July 2020)

#### Frequency:

every two weeks (fortnightly)

#### Time:

10.30am – 12.30pm

#### Location:

Seaford Community Centre,  
Schooner Road carpark, Seaford  
(next to Moana Primary School)



Food Hub customers must present their valid foodbank voucher and provide identification each time they visit.

The mobile hub offers pantry foods, meat, frozen foods, personal hygiene products and household cleaning products. Vegetables, fruit and bread are offered **FREE WITH A VOUCHER**. Payment is by **EFTPOS** only.

- **Seaford Christian Churches:** Seaford. Corner Main Street and Grand Boulevard. Phone: (08) 8392 4522 Monday to Thursday and call between 9.00am – 12.00pm.
- **Anglicare SA:** Christies Beach. 111 Beach Road. Call 1800 748 149 Emergency food assistance Monday to Friday 9.00am – 12.00pm.
- **Junction Australia:** Christies Beach. Phone: (08) 8392 3000 during work hours. Food Bank vouchers for young people.
- **Uniting Communities:** Christies Beach. 38 Beach Road Phone: (08) 8202 5846 or Text 0482 797121 for call back Emergency Food Assistance Monday to Friday. Phone assessments and e-vouchers for Coles, Food bank and Chemist-PBS.

- **St Vincent De Paul Willunga:** 1300 729 202 Emergency Food Assistance Friday; phone interviews for Food Bank vouchers.

Vouchers will be available soon at Seaford Community Centre, on the day that the Mobile Food Hub is at the centre; phone us to register your interest (08) 8386 3319, or keep a look out on our Facebook page.

### HOW TO USE YOUR FOOD BANK VOUCHER:

- you will need to present this voucher to the Food Hub greeter at the entry
- please present a form of ID to the greeter
- you will need to pay for your shopping using your own money on your EFTPOS card
- after your shop, we will swap your voucher for a small white card that you will need to bring with you upon your next visit
- you can visit the Food Hub on four separate occasions
- you can spend the full amount on your referral voucher, or less; this is a spend-up to amount
- please bring shopping bags with you
- cash or cheques are not accepted; payment only via EFTPOS or Basics Card